



WELLINGTON COLLEGE
INTERNATIONAL
SHANGHAI

Prep Canteen (Y7-Y9) LUNCH MENU



May	Monday 6 th	Tuesday 7 th	Wednesday 8 th	Thursday 9 th	Friday 10 th
Year Group	Year 7 Year 9	Year 8 Year 9	Year 8 Year 9	Year 7 Year 9	Year 9 Year 9
Option A	Italian sausage with mixed vegetable pasta				
RMB	34				
Option B	Pumpkin Macaroni and Cheese bake with Broccoli				
RMB	32				
Option C	Teriyaki chicken with vegetable served rice				
RMB	32				
Drink Selection	Assorted drinks				
RMB	from 5 – 20 RMB				





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May	Monday 13 th	Tuesday 14 th	Wednesday 15 th	Thursday 16 th	Friday 17 th
Year Group	Year 7 Year 9	Year 8 Year 9	Year 8 Year 9	Year 7 Year 9	Year 9 Year 9
Option A	Smoked salmon baked pasta Broccoli				
RMB	36				
Option B	Korean rice cake with fish cake and vegetable				
RMB	34				
Option C	Beef cheese baozza Fried vegetable				
RMB	32				
Drink Selection	Assorted drinks				
RMB	from 5 – 20 RMB				



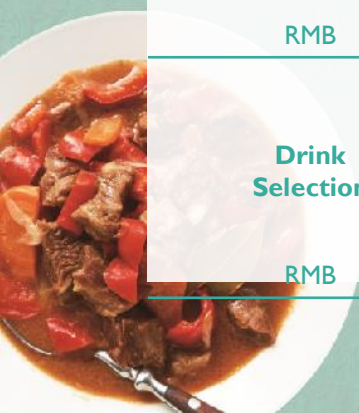


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May	Monday 20 th	Tuesday 21 st	Wednesday 22 nd	Thursday 23 rd	Friday 24 th
Year Group	Year 7 Year 9	Year 8 Year 9	Year 8 Year 9	Year 7 Year 9	Year 9 Year 9
Option A		Oven baked potato, sour cream, cheese, bacon Side salad			
RMB			24		
Option B			Salami and vegetable pizza Side salad		
RMB			30		
Option C			Cheese and Z-rou bacon roll with side salad		
RMB			34		
Drink Selection			Assorted drinks		
RMB			from 5 – 20 RMB		





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May	Monday 27 th	Tuesday 28 th	Wednesday 29 th	Thursday 30 th	Friday 31 st
Year Group	Year 7 Year 9	Year 8 Year 9	Year 8 Year 9	Year 7 Year 9	Year 9 Year 9
Option A	Penne pasta salad with grilled vegetable olives and salmon Side salad				
RMB	34				
Option B	BBQ chicken drumsticks Ratatouille Hash brown				
RMB	40				
Option C	Bacon egg and cheese taco Side salad				
RMB	28				
Drink Selection	Assorted drinks				
RMB	from 5 – 20 RMB				

